

# AA Members Exclusive

Your Live Life Wellness Package



# When *East West* Meets

*Experience the new frontier of Traditional Chinese Medicine treatments*

**AA MEMBERS EXCLUSIVE**

## *Live Life Wellness package*

**Now: \$188**  
(U.P: \$870)

### **Package includes:**

- 4 x wellness consultation OR specialist complementary therapies worth \$400 (Choice of Pain / Stroke Management, Insomnia Therapy, Weight-Loss Therapy OR Children's Acupressure Therapy)
- Comprehensive Health Screening package worth \$280
- Life!Spa 60-min massage at The Ultimate Spa / Adeva Spa worth \$180
- Plus, receive a \$10 Watson Life!Voucher

**To enjoy the special promotion, please present AA membership card and quote "AA Wellness Package" prior to appointment made.**

### **Clinic Operating Hours:**

Monday to Friday : 9am to 9pm  
Saturday : 9am to 3pm  
Closed on Sundays and public holidays

### **IAG Healthsciences**

290 Orchard Road #07-11/12  
Paragon Medical Suites S(238859) Tel: 6836 3637  
Email : weelin.han@iag.com.sg  
Website : www.lifeclub.asia

### **\*Terms & Conditions:**

• Promotion valid till 15 November 2009 • Please contact 6836 3637 for prior appointment booking • Not valid in conjunction with other ongoing promotions, discounts, vouchers and privilege cards • All information is correct at time of print • The Management reserves the right to amend the terms and conditions without any prior notice



### **TCM WORKSHOP**

## **Understanding Traditional Chinese Medicine**

Date : Tuesday, 10 November 2009  
Time : 7.30pm to 9pm  
Venue : AA Centre Theatre, 3rd level  
Speaker : Dr Swee Yong Peng  
(CEO, Parkway Health Primary Care division;  
Family Physician and TCM Practitioner)  
Charges : \$5 for AA Members  
\$10 for Member's Guest

Topics that will be covered:

- What is Traditional Chinese Medicine
- Impact of TCM on Health & Wellness
- How "Yin" and "Yang" can balance through food intake

For enquiries on the TCM Workshop, please contact  
Ms Toi Liang Shing at 6831 2146.

Workshop registration can be done via  
Tel : 6831 2146  
Email : LiangShing.Toi@aas.com.sg  
Website : www.aas.com.sg

Registration closes Friday, 30 October 2009.  
Limited to a maximum of 35 participants only.

Brought to you by:



**AUTOMOBILE ASSOCIATION  
OF SINGAPORE**